

EASTER EGG COASTERS



These coasters are fun and colourful – a great addition to any Easter table. You can make them in whatever fabric you like – you only need small pieces so it's a great project to use up your scraps.

The coasters are made using the 'stitch and flip' technique sewn onto a foundation.

Requirements – finished coaster approx 17 x 12cm

1 piece of foundation fabric (plain cotton or calico) – approx 20 x 15cm

1 piece of backing fabric – same size as foundation

1 piece of wadding* – same size as foundation

Strips of colourful fabric (about 3 to 5 cm)

Threads

Paper / pencil

****if you want to put hot drinks on your coaster you need special wadding, if you use normal wadding, it's best to just use your coaster for cold drinks***

***** This project involves using the iron – check with an adult before you start***

Instructions

- 1 Draw and cut a template from paper of an egg – mine is about 19cm at its longest point and 14cm at its widest. Don't make the end too pointy as you have to sew around it later.

Make sure your foundation fabric is slightly bigger than your template all the way around.

Put your template to one side for now.





- 2 Start your patchwork by putting a strip face up at the top of your foundation fabric and then pin a second piece face down on top of it.

It doesn't matter if your strips are wider than your foundation – just make sure they do cover the full width.

- 3 Sew along the bottom edge of the strips using a $\frac{1}{4}$ " seam. Sew through both strips and the foundation. Then press the strips open.

Keep adding strips in the same way and pressing them open until your foundation is completely covered.



- 4 Pin your egg template to the patchwork and cut round it. Cut the same shape in wadding and backing.

You are now ready to make your quilt 'sandwich' - put your egg patchwork and backing fabric right sides together and put the wadding on top of these. Pin the layers together keeping them as flat as possible.

Starting in the middle of a long edge, sew around the edges using a running stitch – sew most of the way around but make sure you leave a gap for turning.

- 5 Clip your curves and turn the coaster right side out. Press and sew up the gap you left for turning.

Your coaster is complete.