

## Sussex Puff Cushion



### Requirements List:

- One square of calico 10.5" by 10.5" (for centre of cushion cover)
- Two pieces of calico 12" by 16.5" (for back of cushion cover)
- Two strips of patterned fabric 10.5" by 3.5" - for front border of cover
- Two strips of patterned fabric 16.5" by 3.5" - for front border of cover
- One piece of patterned fabric c.3.5" by 3.5" for vase (with bondaweb on reverse side)
- One 6" square of green fabric for stalks and leaves (with bondaweb on reverse side)
- 3 assorted 5.5" squares of patterned or plain fabric for "Puffs" each cut into a 5" circle
- 3 assorted 4" squares of patterned or plain fabric for "Puffs" each cut into a 3" circle
- 3 buttons for flower centres
- One piece of bonded curtain lining 16.5" by 16.5" or piece of backing fabric for the front of the cushion together with the same size piece of lightweight wadding
- Lace flowers (optional)
- Green embroidery thread (optional)
- Butterfly/insect (optional)
- 1 x 16" square cushion pad.

### Instructions for the front panel:

1. Take the small piece of patterned fabric for the vase. On the paper side of Bondaweb design your vase. Iron the bondaweb onto the wrong side of your patterned fabric, then cut out your vase.
2. Take the 10.5 x 10.5 square of calico, place the vase centrally on one edge of the square, matching the straight edges. Take the backing off and iron this in place.
3. Take the green fabric, design your stems and leaves onto the paper side of the Bondaweb, iron the Bondaweb onto the fabric, cut the stems and leaves out.
4. Take a circle of fabric, by hand sew small running stitches round the edge of the circle, having fastened the thread securely at the start. Sew as near to the edge as you can. When you have gone right round pull the thread up to make the puff and fasten off securely. Flatten the circle and even out the gathers. Repeat for each of the large and small circles.
5. Place your stalks, leaves and large circles onto the calico square, making a pleasing flower arrangement, pin in place.
6. Now place your stems onto the calico square, making sure that one of the stem sits into the vase, and the other under the large circle. Also place your leaves. These can now be ironed on. Remove the circles and machine stitch or hand stitch round the leaves, stems and vase.
7. Place the large circles back into place, putting a small circle on top, sew these in place through the middle, and sew a button onto the centre of the flower.
8. Now add any additional flowers and stems, perhaps using lace flowers and embroidery floss for the stems. If you have a butterfly or similar sew this in place. You may need to have Bondaweb on it if it is one printed on fabric.
9. Take the two short pieces of your border fabric and sew to the left and right of the calico square, using a 1/4" seam. Then take the two long pieces of boarder fabric and sew to the top and bottom of the square, using a 1/4" seam. Trim if necessary.
10. Take the piece of Bonded curtain lining and attach to the wrong side of the Cushion Front, remember to make sure that the fluffy side is in the middle. Or make a wadding sandwich if using backing and wadding.
11. Quilt in the ditch around the edge of the central square. Quilt around the border as desired.

### To make the Back:

12. Take the two pieces of backing calico, make a double one inch hem along one long side of each piece. Sew along the edge of this hem. If you wish you could also decorate this hem with some machine or hand embroidery.
13. Piece the cushion cover together, right sides facing, with the hemmed edges of the backing calico overlapping in the centre. Pin or baste carefully. Sew a 1/2" seam all the way around.
14. Finish off the raw edges with a row of zig zag stitch.
15. Trim the corners being careful not to cut through the stitching, and then turn to the right side.
16. Finally carefully insert your cushion pad.

Well done - enjoy your cushion.