

## LAYERED HEART



Make a heart using lots of different fabrics, layered to create interesting texture. I've used mine to create a greetings card.

Of course, this technique will work to make any shape – it doesn't have to be a heart.

This project is completed on a sewing machine and there is some tricky cutting out – so ask for help from an adult if you're unsure about anything.

### Requirements

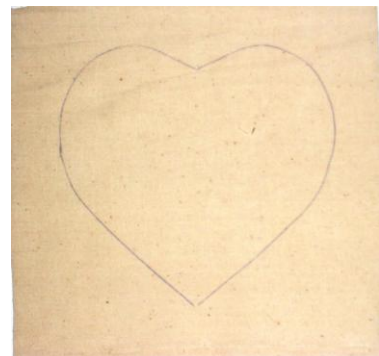
- Foundation fabric (plain cotton or calico) – a little bigger than you want your heart – I made mine 15 x 15cm
- Wadding – same size as foundation
- Collection of different fabrics – I included chiffon, net, satin and sequinned fabric
- Threads, sewing machine and basic sewing kit
- Heart template (or other shape)

### Instructions

- 1 Trace around your heart onto your foundation fabric.

This will be the back of your piece.

- 2 Place the foundation on your table, with the traced line facing down. Place your wadding on top of this and then layer your decorative fabrics on top of the wadding. Use at least three layers of fabrics for the best results.



Pin the layers together well – checking that your pins are inside and outside of the heart but not over the drawn line as you are going to sew on this.



- 3 Working from the back, sew a running stitch along the drawn line of the heart.

Then, sew several lines across your heart to divide it into small sections. Don't worry about going across the edge – this will be sorted out later when you cut the shape out.

- 4 Turn to the front and, using your sewn line as a guide, sew a satin stitch around the edge of the heart.

When you have done this, cut out the heart close to the sewn line. Be careful not to cut your stitching.



- 5 You can then start cutting into your smaller sections. Use a small pair of scissors to cut away one layer of fabric at a time in the sections to display the fabrics underneath. Again – cut carefully – or ask for help with this.

This picture shows where I have started to do this to reveal different fabrics underneath. It is up to you how much you want to cut away in the different areas – you might want to leave some uncut.



Don't forget what your bottom fabric looks like – you don't want to cut too far!!

Don't worry about bits of fraying – it adds to the look of the item.

- 6 When you are happy with your heart you can use it for a card like I have – or to decorate other items, such as a bag or hanging.
- 7 If you enjoyed this – why not try other shapes, fabrics or colours to see what effect you can get.