

# Patchwork Heart

This project could be adapted to make a Mother's Day or Valentine's wall-hanging, card or cushion.

## Requirements

As well as your basic sewing kit you will need;

- Fourteen squares from a selection of fabrics; each square is 2½" x 2½" (6½ cm x 6½ cm)
- Backing fabric approximately 12" x 12" (30½ cm x 30½ cm)
- A slightly larger piece of wadding
- Four 3" (7½ cm) strips cut to backing length
- Sewing and embroidery threads
- Buttons

## To make the heart

1. Sew the squares together, firstly in pairs and then into three rows of four, plus two.
2. Place the heart shaped template over the joined squares, pin and cut out carefully.
3. Pin and tack to the background fabric.
4. Blanket stitch around the edge of the heart.
5. Layer backing, wadding and background.
6. Pin and tack.
7. Fold the 3" strips in half.
8. Pin along the edges, raw edges together. Fold over to back and sew down.
9. Sew a button to the corners of each square.
10. Stitch a message in running stitch.



