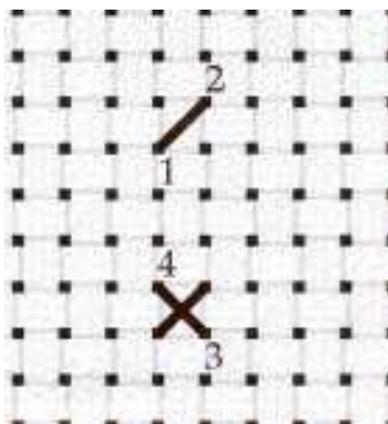




QUILT MUSEUM
AND GALLERY

How to do a 'cross stitch'

To begin your cross stitch, thread your needle and bring it up through the fabric, leaving a short end of cotton at the back. You can stop the thread coming out by tying a knot at the end or going over your first stitch with a few more stitches.



Making your first cross stitch

The fabric shown in the diagram on the left is 'Aida'. It is very popular for cross stitch. A different cross-stitch fabric is called 'Binca'.

To make one cross stitch bring the needle up through hole 1, down through hole 2, then up through hole 3, and finally down through hole 4.

Making a row of cross stitches

To make a row of cross stitches work across the fabric in the order shown on the top part of this picture.

Then work backwards to complete the crosses - you can see this on the bottom part of the picture.

It's much quicker to make cross stitches in rows.

