

STITCH CLUB BLOCK OF THE WEEK

... The Patchwork Heart



CUTTING GUIDE

To make the **8.5"** block

Cut 4 x 4.5" squares of 2 of each colour

Cut 2 x 4.5" squares of background

Cut 4 x 2.5" squares of background

To make the **10.5"** block

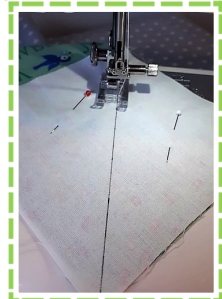
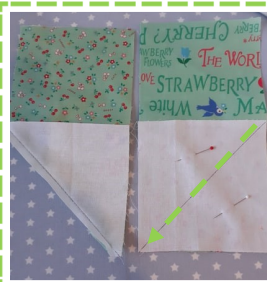
Cut 2 x 1.5" x 8.5" of a sashing colour

Cut 2 x 1.5" x 10.5" of a sashing colour



Step 1

Join the 4 coloured squares in alternate pairs as above. You can use 4 different fabrics if you wish to make a really scrappy quilt. Press seams open.



Step 2

Now with the 2 4.5" squares lay them across the bottom of each set of two and draw a line through the centre diagonal. This is your stitching line. Stitch through those centre lines and then trim away the corners. (Fold it back first to make sure you're cutting away the right bit!)



Step 3

With the 2.5" squares repeat this process in each top corner, trim up and press the seams back before repeating the same with the inside corners. You will see they overlap slightly at the top if you don't press the first corner back before doing the inside one you won't be able to open the second one up. Then matching the seams, sew the two halves together.



Step 4

To make this a 10.5" block add an 8.5" x 1.5" strip to the top and bottom. Press the seams open and then add 10.5" x 1.5" to the sides.