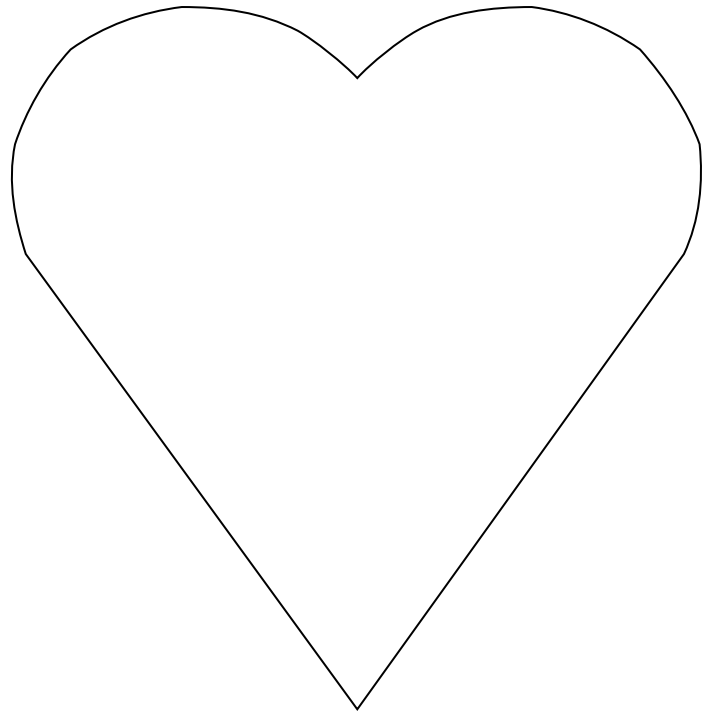


Heart Coaster - Blanket stitch



Needs List

Bondaweb Heart

12 cm Square of contrasting fabric

12 cm Square of bondaweb

12 cm Square of felt

Matching stranded embroidery thread

or fine Perle cotton

Pinking shears to finish

Method

1. Bond heart to contrasting fabric using a hot iron (adult to help).
2. Thread a needle with your chosen thread (not too long!) and knot one end.
3. Blanket stitch round the heart, fastening off on the back and starting a new thread as necessary. Make sure you take one stitch in the 'v' at the top of the heart and also one on the point at the bottom.
4. Iron the rough side of bondaweb square to the back of your fabric square (adult to help)
5. Remove paper backing and then iron onto the felt
6. Mark a square approximately 10 ½ cm this will leave a margin of about 1 ½ cm outside your heart.
7. Cut with pinking shears (do a practise first on the edge of your square) cut with sharp scissors or get an adult to cut with a rotary cutter.

Blanket stitch

